

Echidna Tracks: Issue 4 Recreation and Leisure



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Recreation and Leisure

**Echidna Tracks: Issue 4: Recreation and Leisure
(June 2019 - September 2019)**

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Martin Clark
Jan Dobb
Marisa Fazio
Glenys Ferguson
Lorin Ford
Katherine Gallagher
Beverley George
Lorraine Haig
Simon Hanson
Gail Hennessy
Louise Hopewell
Samantha Sirimanne Hyde
Leanne Jaeger
Judith E.P. Johnson
Keitha Keyes
Myra King
Craig Lincoln
John Low
Peter Macrow
Margaret Mahony
Irene McGuire
Marietta McGregor

Mark Miller
Ron C. Moss
Leanne Mumford
Paul Murray
Jan Napier
Liz Nicholls
Madhuri Pillai
Vanessa Proctor
Lyn Reeves
Carol Reynolds
Duncan Richardson
Jason Richardson
Kent Robinson
Maureen Sexton
Nathan Sidney
Sheila Sondik
Tom Staudt
Barbara A. Taylor
Jahan Tyson
Rose van Son
Julia Wakefield
Norma Watts
Quendryth Young

summer
kids under the sprinkler
spitting grape pips

Jan Napier

stifling heat
my fingers reach out
to the cool piano keys

Leanne Jaeger

one umbrella
on eighty mile beach
shipwreck coast

Jan Napier

camping . . .
only the river rushing

Carol Reynolds

first stars . . .
breaking apart
warm damper

Leanne Mumford

summer picnic
the buzz of a bee
in the coke tin

Glenys Ferguson

picnic blanket
cream cheese and poppy seeds
peppered with ants

Maureen Sexton

last week of term
the squawk of lorikeets
in beach banksias

Nathalie Buckland

rock concert
flying foxes
steal the show

Sheila Sondik

summer break . . .
aroma of coconut cake
in grandma's home

Samantha Sirimanne Hyde

camping holiday —
learning to live together
when the rain sets in

Keitha Keyes

ocean breeze
salted chips and peanuts
in the beer garden

Maureen Sexton

on the headland
waiting with the surfers
for a wave

Laurel Astle

inside the barrel
breath held before
the wave breaks

Gail Hennessy

racing dive
a wave breaks over
the ocean pool

Vanessa Proctor

sandcastle —
an old man and a child
discuss design

Nathalie Buckland

looking into
her beach bucket
her blue eyes

Simon Hanson

summer evening
toddlers in sun hats
rake in the last rays

Julia Wakefield

beach fishers
grandsons shimmy
for pipi bait

Marietta McGregor

summer waning
love in the dunes
the last time

Meg Arnot

changing perspective joy flight

Glenys Ferguson

outdoor café
three Santas
meet for coffee

Irene McGuire

creek walk
an explosion of cricket cheer
from the park oval

Madhuri Pillai

slow over
sweet hay smells
surround the pitch

Marietta McGregor

barrackers roar
a Mexican wave
of seagulls

Marietta McGregor

drinks —
a willy willy skips
across the pitch

Kent Robinson

a throbbing din
from the Members' bar
fifth-day rain

Leanne Mumford

jazz festival
wine glasses
keep time

Irene McGuire

summer's end
empty beach
ours once more

Julia Wakefield

autumn afternoon
tart yet sweet the granny smiths
we picked ourselves

Vanessa Proctor

window chair
she knits the day
into a scarf

Judith E.P. Johnson

I knit a pouch
for an orphaned joey —
Mother's Day

Lorin Ford

with my grandson
I play pat-a-cake-pat-a-cake
with my mother's hands

Mark Miller

lifting weights
fitness app
sings whale music

Myra King

coastal retreat
a cruise liner anchors
outside our window

Lyn Reeves

autumn light
trickling through my fingers
golden sand

Leanne Jaeger

distant canoeists —
hoofprints pattern
the sandy beach

Nathalie Buckland

camera lens
yachts on the bay
sailing on glass

Simon Hanson

adjusting the lens
frogs heard
but not seen

Rose van Son

Great Barrier Reef
our old holiday slides
fading

Jan Dobb

shadowed rainforest —
a survey marker
between the trunks

Norma Watts

humming an old tune
down this track
— wind in the she-oaks

Duncan Richardson

with every step
the tinkling of bellbirds
in dead canopies

Barbara A. Taylor

retirement —
running out of time
to do nothing

Keitha Keyes

shaded table
the company of
camellias

Craig Lincoln

windless sunny day
I recover the lost art
of doing nothing

Beverley George

reading indoors
on a wintry afternoon
sun on my socks

Rohan Buettel

salt air
flotsam flows out
with the tide

Quendryth Young

on another rock
a heron
its back to the wind

Peter Macrow

sculpture garden
the venerable form
of an old fig

Quendryth Young

dad's shed
curled shavings
underfoot

Glenys Ferguson

casino lights
the surging tide
glows golden

Nathan Sidney

Top End revisit
beneath the new glitz
remnants of old charm

Madhuri Pillai

a hundred miles
of dusty corrugate
Saturday rugby

Kent Robinson

high country
a row of utes
outside the pub

Louise Hopewell

bush band
the old kelpie
wakes for the encore

Elizabeth Nicholls

our hangout
the skateboard park —
apartments now

Jahan Tyson

queen takes bishop
the sound of church bells
in a city park

Ron C. Moss

open-air chess
with fries
a seagull makes its move

Tom Staudt

bay sunset
I take my seat
among orange seagulls

Lorin Ford

tennis final
under lights
— the full moon

Irene McGuire

hushed stadium
all that has gone before
hangs in the air

Martin Clark

bitter chill . . .
cocooned in a quilt
with a good book

Samantha Sirimanne Hyde

the corpse pose
restores
my equilibrium

Leanne Jaeger

bushland walk —
once more at home
among the wattle

Katherine Gallagher

eucalypt trail
the creak of leather
with my mare's stride

Gavin Austin

spring colours
of grass and sky
boy on a swing

Peter Macrow

soccer field
my grandson's
orange boots

Margaret Mahony

his blue puddle boots
kicking at the sun
a cloud of sparrows

John Low

schoolyard marbles
my taw lost
in paspalum

Lynette Arden

three ibis lift off
my neighbour's kids
scrolling screens

Jan Napier

river gorge
we pretend we're not
anywhere

Nathan Sidney

stones
skimming
ripples from each touch

Rohan Buettel

pastel sky
doodling on a sketch pad
by the river

Lorraine Haig

through binoculars
a white-cheeked honeyeater
the details

Laurel Astle

Chased another cat
hunting birds in my backyard
think I might have barked

Jason Richardson

limp footy scarf
the long train ride home

Louise Hopewell

crossword on the train
the silent stranger next to me
checking my answers

Beverley George

crossword
a spill of coffee
three down

Gavin Austin

the rod tip
bends
relaxes

Paul Murray

quiet inlet
she casts her line
into clouds

Lorraine Haig

by the weir
and the wildflowers
memories of childhood

Margaret Mahony

the family piano
moves to a young home
blossoms in bud

Jan Dobb

dollhouse —
behind each window
a perfect world

Lyn Reeves

love fifteen
the net quivers
with passing shots

Virginia Bird

double rainbow
a skateboarder flips
a *dragon*

Ron C. Moss

by the pool
a little girl asks me
if I'm an adult

Barbara A. Taylor

a gallery patron
pauses by the window
. . . sunlight on wattle

Jan Dobb

I jab millefiori
into molten glass
spring garden

Lynette Arden

lazy Sunday
the busy melodies
in a magpie's song

Marisa Fazio

wheelchair spokes glitter
in bright sunshine
spring bushwalk

Elizabeth Nicholls

idly watching
bees in a banksia . . .
lunch break

Leanne Mumford

ag show
in the beer tent no one talks
about the drought

Mark Miller

tidal mudflats —
the river fills
my footprints

Norma Watts

another year begins
the revolutions
in a swimmer's arms

Marisa Fazio



camping . . .
only the river rushing

Carol Reynolds