Echidna Tracks: Issue 4
Recreation and Leisure
These poems were all based on experiences of life in Australia, and were originally published, one a day, on Echidna Tracks Australian Haiku website: https://echidnatracks.com as *Echidna Tracks: Issue 4: Recreation and Leisure* from June 2019 to September 2019. The full edition including imagery may be found on the Echidna Tracks website.

**Editorial:** Lyn Reeves, Simon Hanson, Lynette Arden  
**Cover Art:** Lynette Arden (front), Simon Hanson (back)  
**Book and website design:** Lynette Arden  
**Echidna Tracks Australian Haiku website:** https://echidnatracks.com

**Copyright**  
All written and graphic work appearing in *Echidna Tracks: Issue 4: Recreation and Leisure (June 2019 - September 2019)* is protected under Copyright Laws and may not be reproduced, reprinted or re-transmitted or altered in any form without express written consent from the authors.
Haiku Authors

Lynette Arden             Mark Miller
Meg Arnot                Ron C. Moss
Laurel Astle             Leanne Mumford
Gavin Austin             Paul Murray
Virginia Bird            Jan Napier
Nathalie Buckland        Liz Nicholls
Rohan Buettel            Madhuri Pillai
Martin Clark             Vanessa Proctor
Jan Dobb                 Lyn Reeves
Marisa Fazio             Carol Reynolds
Glenys Ferguson          Duncan Richardson
Lorin Ford               Jason Richardson
Katherine Gallagher      Kent Robinson
Beverley George          Maureen Sexton
Lorraine Haig            Nathan Sidney
Simon Hanson             Sheila Sondik
Gail Hennessy            Tom Staudt
Louise Hopewell          Barbara A. Taylor
Samantha Sirimanne Hyde  Jahan Tyson
Leanne Jaeger            Rose van Son
Judith E.P. Johnson      Julia Wakefield
Keitha Keyes             Norma Watts
Myra King                Quendryth Young
Craig Lincoln            
John Low                 
Peter Macrow            
Margaret Mahony          
Irene McGuire            
Marietta McGregor
summer
kids under the sprinkler
spitting grape pips

Jan Napier

stifling heat
my fingers reach out
to the cool piano keys

Leanne Jaeger

one umbrella
on eighty mile beach
shipwreck coast

Jan Napier

camping . . .
only the river rushing

Carol Reynolds
first stars . . . 
breaking apart
warm damper

Leanne Mumford

summer picnic
the buzz of a bee
in the coke tin

Glenys Ferguson

picnic blanket
cream cheese and poppy seeds
peppered with ants

Maureen Sexton

last week of term
the squawk of lorikeets
in beach banksias

Nathalie Buckland
rock concert
flying foxes
steal the show

*Sheila Sondik*

summer break . . .
aroma of coconut cake
in grandma’s home

*Samantha Sirimanne Hyde*

camping holiday —
learning to live together
when the rain sets in

*Keitha Keyes*

ocean breeze
salted chips and peanuts
in the beer garden

*Maureen Sexton*
on the headland
waiting with the surfers
for a wave

Laurel Astle

inside the barrel
breath held before
the wave breaks

Gail Hennessy

racing dive
a wave breaks over
the ocean pool

Vanessa Proctor

sandcastle —
an old man and a child
discuss design

Nathalie Buckland
looking into
her beach bucket
her blue eyes

Simon Hanson

summer evening
toddlers in sun hats
rake in the last rays

Julia Wakefield

beach fishers
grandsons shimmy
for pipi bait

Marietta McGregor

summer waning
love in the dunes
the last time

Meg Arnot
changing perspective joy flight

_Glenys Ferguson_

outdoor café
three Santas
meet for coffee

_Irene McGuire_

creek walk
an explosion of cricket cheer
from the park oval

_Madhuri Pillai_

slow over
sweet hay smells
surround the pitch

_Marietta McGregor_
barrackers roar
a Mexican wave
of seagulls

Marietta McGregor

drinks —
a willy willy skips
across the pitch

Kent Robinson

a throbbing din
from the Members’ bar
fifth-day rain

Leanne Mumford

jazz festival
wine glasses
keep time

Irene McGuire
summer’s end  
empty beach  
ours once more  

*Julia Wakefield*

autumn afternoon  
tart yet sweet the granny smiths  
we picked ourselves  

*Vanessa Proctor*

window chair  
she knits the day  
into a scarf  

*Judith E.P. Johnson*

I knit a pouch  
for an orphaned joey —  
Mother’s Day  

*Lorin Ford*
with my grandson
I play pat-a-cake-pat-a-cake
with my mother’s hands

Mark Miller

lifting weights
fitness app
sings whale music

Myra King

coastal retreat
a cruise liner anchors
outside our window

Lyn Reeves

autumn light
trickling through my fingers
golden sand

Leanne Jaeger
distant canoeists —
hoofprints pattern
the sandy beach

Nathalie Buckland

camera lens
yachts on the bay
sailing on glass

Simon Hanson

adjusting the lens
frogs heard
but not seen

Rose van Son

Great Barrier Reef
our old holiday slides
fading

Jan Dobb
shadowed rainforest —
a survey marker
between the trunks

*Norma Watts*

humming an old tune
down this track
— wind in the she-oaks

*Duncan Richardson*

with every step
the tinkling of bellbirds
in dead canopies

*Barbara A. Taylor*

retirement —
running out of time
to do nothing

*Keitha Keyes*
shaded table
the company of
camellias

Craig Lincoln

windless sunny day
I recover the lost art
of doing nothing

Beverley George

reading indoors
on a wintry afternoon
sun on my socks

Rohan Buettel

salt air
flotsam flows out
with the tide

Quendryth Young
on another rock
a heron
its back to the wind

Peter Macrow

sculpture garden
the venerable form
of an old fig

Quendryth Young

dad’s shed
curled shavings
underfoot

Glenys Ferguson

casino lights
the surging tide
glows golden

Nathan Sidney
Top End revisit
beneath the new glitz
remnants of old charm

_Madhuri Pillai_

a hundred miles
of dusty corrugate
Saturday rugby

_Kent Robinson_

high country
a row of utes
outside the pub

_Louise Hopewell_

bush band
the old kelpie
wakes for the encore

_Elizabeth Nicholls_
our hangout
the skateboard park —
apartments now

_Jahan Tyson_

queen takes bishop
the sound of church bells
in a city park

_Ron C. Moss_

open-air chess
with fries
a seagull makes its move

_Tom Staudt_

bay sunset
I take my seat
among orange seagulls

_Lorin Ford_
tennis final
under lights
— the full moon

Irene McGuire

hushed stadium
all that has gone before
hangs in the air

Martin Clark

bitter chill . . .
coccooned in a quilt
with a good book

Samantha Sirimanne Hyde

the corpse pose
restores
my equilibrium

Leanne Jaeger
bushland walk —
once more at home
among the wattle

*Katherine Gallagher*

eucalypt trail
the creak of leather
with my mare’s stride

*Gavin Austin*

spring colours
of grass and sky
boy on a swing

*Peter Macrow*

soccer field
my grandson’s
orange boots

*Margaret Mahony*
his blue puddle boots
kicking at the sun
a cloud of sparrows

*John Low*

schoolyard marbles
my taw lost
in paspalum

*Lynette Arden*

three ibis lift off
my neighbour’s kids
scrolling screens

*Jan Napier*

river gorge
we pretend we’re not
anywhere

*Nathan Sidney*
stones
skimming
ripples from each touch

_Rohan Buettel_

pastel sky
doodling on a sketch pad
by the river

_Lorraine Haig_

through binoculars
a white-cheeked honeyeater
the details

_Laurel Astle_

Chased another cat
hunting birds in my backyard
think I might have barked

_Jason Richardson_
limp footy scarf
the long train ride home

Louise Hopewell

crossword on the train
the silent stranger next to me
checking my answers

Beverley George

crossword
a spill of coffee
three down

Gavin Austin

the rod tip
bends
relaxes

Paul Murray
quiet inlet
she casts her line
into clouds

_Lorraine Haig_

by the weir
and the wildflowers
memories of childhood

_Margaret Mahony_

the family piano
moves to a young home
blossoms in bud

_Jan Dobb_

dollhouse —
behind each window
a perfect world

_Lyn Reeves_
love fifteen
the net quivers
with passing shots

*Virginia Bird*

double rainbow
a skateboarder flips
a *dragon*

*Ron C. Moss*

by the pool
a little girl asks me
if I’m an adult

*Barbara A. Taylor*

a gallery patron
pauses by the window
. . . sunlight on wattle

*Jan Dobb*
I jab millefiori
into molten glass
spring garden

*Lynette Arden*

lazy Sunday
the busy melodies
in a magpie’s song

*Marisa Fazio*

wheelchair spokes glitter
in bright sunshine
spring bushwalk

*Elizabeth Nicholls*

idly watching
bees in a banksia . . .
lunch break

*Leanne Mumford*
ag show
in the beer tent no one talks
about the drought

Mark Miller

tidal mudflats —
the river fills
my footprints

Norma Watts

another year begins
the revolutions
in a swimmer’s arms

Marisa Fazio
camping . . .
only the river rushing

Carol Reynolds